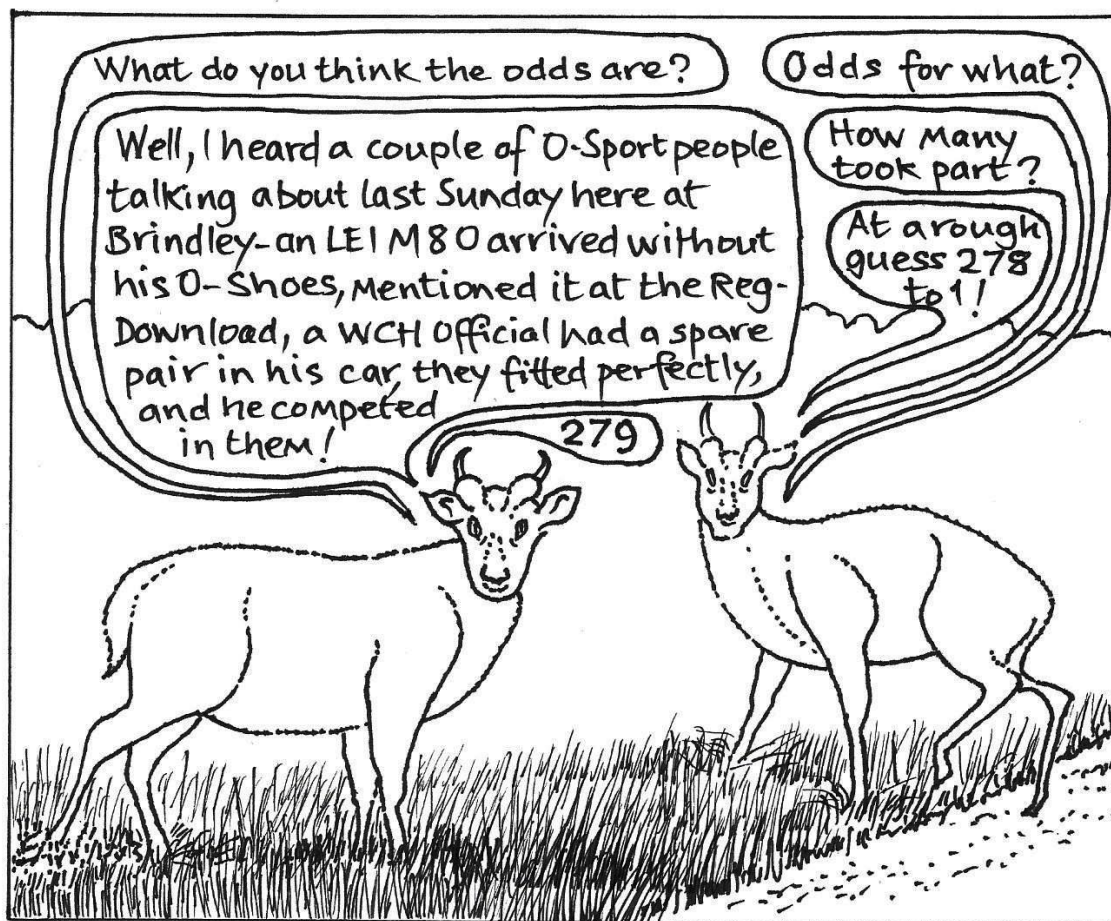


EMEWS

276

THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

SPRING 2020



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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Copy Date for next issue: **15th May 2020 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - Thanks as usual to Ernie for his cover. Cover design based on true happening in January at WCH Brindley Heath Event - half-way there Pete Leake realised that he forgotten his O-shoes and was wearing his everyday outdoor footwear - he asked at Registration if anyone knew who carried a spare pair, the WCH member standing next to Registration had his car parked right alongside, looked in his boot, found his spare pair, handed them to Pete - literally a perfect fit - Pete handed them back afterwards together with a 'thank you' gift, having finished within the Short Green Certificate Time in 29th place out of 57 on the course - so what could be the odds on that happening?!

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Ultrasport has now finished trading and so there is no longer an advert here.

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Notes from EMOA Meeting on 20th January 2020

EM League Prizegiving – The prizegiving for the 2019 EM League took place at the Bramcote event on 8th February

Financial Report – The Financial Secretary reported that the funds looked pretty good. The renewals numbers are within £30 of the figure for the previous year at this time. Event levies are slightly up on where we were last year, so at this stage the Financial Secretary expects to be close to the budget.

Sponsorship Income – Ultrasport UK has now closed down so there is no more sponsorship for the advert in EMEWS.

Request for funding – Jake O'Donnell had requested support as he had been selected for the England M14 team in Interland 2020 near London. It was agreed to provide the usual 1/3 funding of the cost as long as Jake wrote an article about the event for EMEWS.

Junior Squad Event – The Strawberry Hill event was run by the East Midlands Junior Squad. As the event funds are to go towards the Junior Squad it was agreed that the EMOA levy for this event would be waived.

Junior Squad Trip to Sweden – It was suggested that Ann-Marie should bring a breakdown of costs and budget for the trip to the next EMOA meeting (at this stage there are 6 EMOA juniors and 3 adults attending).

EM Junior Squad – See separate report.

Development – Randal had received a number of requests to attend the Planners and Controllers Courses, although the majority were for a Planners course (1 for the controller's course, 9 for the planner's course). Randal had considered a traditional day approach, or an alternative might be to use an evening for the sessions and have a practical at an event on a Sunday. We will look to identify a suitable venue and an approach and arrange for the courses in the spring.

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Event Officials Event - Ranald is organising a DVO Event Officials evening on Tuesday 24th March. Other clubs' event officials are welcome to attend.

EMOA Development Conference - Ranald will look to organise an EMOA Development Conference in the autumn (and also possibly a Development Day). The Development conference might cover the recent rule changes (which should be out shortly). There has been significant changes to remove duplications. There are also a number of changes around Level B events. The development conference might also cover rules that are not always being followed (e.g. finish control should have a kite; must not remove the start kite until the event has finished). Ranald did write a series of articles for DVO Newstrack on how we ensure that people do abide by the rules. He will share these with other clubs (possibly via EMEWS).

BO Development Conference - The British Orienteering Development Conference took place and was attended by 3 LEI, 3 DVO and 1 LOG member. It was thought to be an excellent conference. Details of the event are available on the BO website. See <https://www.britishorienteering.org.uk/DevelopmentConference2020>

Coaching - Hilary is planning on running a $\frac{1}{2}$ day coaching safety workshop (for coaches using remote terrain).

Club coaching day in Sherwood Forest - (attended by 2 LOG, 1 LEI, 2 DVO and 12 NOC). The day went well. It was suggested that clubs may want to make sure that if they run any sort of coaching workshop at a club level that they open up the session to other clubs in the region. We should encourage people to train to improve and not just compete.

Safety - It is recommended that planners, controllers and mappers have defined processes in place (especially when they go out on their own to a remote area) so that when they go on to an area before an event they inform people of their whereabouts.

Safeguarding - Judith Holt commented that we also need to ensure that safeguarding of competitors is the responsibility of all officials (it is not part of the risk assessment form currently). There ought to be a prompt on all risk assessments to get officials to think about the safeguarding of all participants (health, welfare & safeguarding).

SmartPhone Orienteering - The DVO Night Urban Event on 4th December using a SmartPhone app went very well with a good attendance. DVO are following this up with a series of 4 events in the Spring. Watch for details on the DVO website.

What Not To Do - At a recent event an organiser spotted a metal stake sticking up out of the ground so decided to tape it so competitors would not run in to it. Unfortunately they used red and white tape. A competitor saw the tape and thought it was a taped route and ran in to the stake. Remember to use black & yellow tape when taping a hazard.

East Midlands Urban League - The LEI Ashby event has been cancelled as it clashed with 2 other major urban events. LEI are looking at putting on an event later in the year but this has yet to be identified.

Future Events:

- (i) 13 Jun 2020 - East Midlands Score Champs - DVO - Carsington
- (ii) 10 Oct 2020 - British Schools Score Champs - DVO - Shipley Park
- (iii) 22 Nov 2020 - East Midlands Champs - LEI - Hanging Hill
- (iv) 28 Feb 2021 - East Midland Champs - DVO - Stanton Moor
- (v) 14 Mar 2021 - CompassSport Cup First Round - LEI - Old Dry Hills & Old Harry Park
- (vi) 4 Jul 2021 - Yvette Baker Trophy Final 2021 - LEI - Irchester.
- (vii) 17 Oct 2021 - CompassSport Cup Final 2021 - DVO - Chatsworth
- (viii) 30 Jan 2022 - Midland Champs - NOC - Sherwood

Future Possible Events

- a. East Midlands Sprint Champs 2021 - still require a club to volunteer to host.
- b. JK 2024

Comments on above Fixtures

- a. Access to Bradgate Park for organised events has been stopped currently. Not sure if will be able to use again in near future.
- b. There will probably now be no 2020 Midland Champs (and Southern Champs has also been cancelled).
- c. JK 2024 - The plan is that EMOA will part organise JK 2024 with WMOA. LEI would run the sprints on the Friday, DVO would run the relays on the Monday, while WMOA would organise the events on Saturday and Sunday on Cannock Chase. Other clubs in EMOA would be requested to help on the days as well.
- d. Chris Phillips requested the EMOA committee approve the officials for the EMOA Champs on 22nd November 2020. The organiser is Chris Phillips (LEI), the planner is Steve Edgar (LEI) and the controller is Jeff Baker (LOG). All are level A qualified. The EMOA meeting agreed unanimously.

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next meeting is Monday 27th April 2020. The following meeting is scheduled to be held on Monday 15th June 2020. All members are welcome to attend committee meetings if they wish to do so.

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Just a note that in the CompassSport 2019 Newsletter of the Year awards we had the following acknowledgement.

"This year the Cover of the Year recognises an extraordinary achievement. Ernie Williams of LEI produced his first hand-drawn cover for EMEWS issue 75. He is still producing covers 36 years later (EMEWS 275 has just been published) and he has "covered" almost every one of that span of 200 editions. To commemorate such dedication to the cause, we award Cover of the Year to Ernie and EMEWS. Congratulations!

EMJOS Summary September 2019 to January 2020

Past Training:

Hardwick Hall Saturday 21st September 2019

5 juniors attended the day. The focus of some of the exercises was to use the contour detail to plan and then execute the leg. Other exercises challenged the use of compass to set an accurate bearing off the major trees mapped.

JIRCS 2019 (SYO for Y&HJS) at Cowms Rocks (28th Sept) and Tankersley Wood (29th Sept).

10 juniors ran at the junior championships, in what was a memorable year for horrendous weather, courses rubbing off wet maps and bee stings! But probably the best results for EMJOS in decades:

The boys relay team: Ben Mather, Jake O'Donnell and Benjamin Squire sprinting in to claim podium 3rd position, just 1 minute down behind South West and Scotland teams.

Individual results M14: Jake 5th and Harrington 27th.

M16: Ben S 10th, Ben H 28th and Ben O'D.

M18: Ben M 24th and Jamie 25th

W14: Hannah 11th

W16: Rachel 2nd

W18: Sophie 18th

WMJS Barton Dasset 19th October 2019

A long trip to attend the WMJS training but there was an incentive to help Harriet Lawson achieve her Level 2 coaching status. Rachel was on her way to the Compass Sport Cup final, at which she ran the quickest last leg to the finish and received the golden boot trophy. Ben S and Ant also joined the session on the open grassland. The mind-bending depressions mapped on every slope made navigating very difficult when all other visual indicators of the north direction were taken off the map.

November Classic weekend 2nd & 3rd Nov) New Forest training and selection race.

The Classic was a selection race and the terrain so very different to the East Midlands, so the Saturday training was important for juniors and coaches alike. It was also Anthony Squires assessment for his Level 2 coaching status.

The open heathland and woods had very gentle contouring which was more difficult to interpret and use for leg planning/execution. So the weekend was an experience of getting lost and finding alternative vegetation features to relocate from.

The overnight stay at Hale village hall saw Ben S and Isaac cook a very hot chilli!

Hawkshead JROS M/W16 22nd – 24th November

The weekend (Friday to Sunday) saw 4 juniors take part, some for the second year. Rachel Libby Ben M and Ben S all participated in the relays, training sessions and high jinx that is a JROS fun packed event in the Lakes.

Martinshaw Woods 30th November 2019

6 juniors took the opportunity to run the exercises in the woods, practicing leg planning and simplification.

YHJS Warncliffe 14th December 2019

An invite to join the other squad training day was taken up by 4 EM juniors, one from each regional club. The feedback was that it was a tough day given the rough boldery terrain and the driving rain/sleet.

EMJOS EM League event Strawberry Hill (NOC) 5th January 2020

As the organiser it was like holding the reins of a well trained pack of sledge pulling huskies - everyone was very eager to help and all work together to make a very enjoyable event. Thanks to all the junior and adult volunteers.

There were many complements about the courses using the best parts of the area well, so well done to planner Ben Squire (and Ant), with the gentle guidance from Steve Kimberley (controller).

Subject to final auditing by NOC Treasurer, there may be as much as £430 profit to go towards the EMJOS Swedish tour this summer.

Selections to Junior Competitions

JROS summer camps - no one with the right level of skill to attend.

Ward Home International competition - Cassey Water Northern Ireland 12th Oct 2019:

Jake was 6th on M14 even with quite a major injury. Rachel came 3rd on W16.

Interland Competition (1st March 2020 Buckinghamshire, Southern England)

The East Midland juniors Jake (M14) and travelling reserves Rachel (W18) and Hannah (W14) will be representing England.

Champions from the regular core squad:

British Champion Long (Kilnsley North) Jake O'Donnell M14

Midland Championships (Brown Clee 26th May): M14 Jake O'Donnell, W16 Rachel Duckworth,

East Midlands Sprint (Witham St Hughs 23 June) Hannah Mather JW, Ben Mather JM

JK Sprint Champion (Aldershot barracks): Jake O'Donnell M14.

East Midland Champions: M12 Daniel Glover; W14 Hannah Mather; M14 Jake O'Donnell; M16 Ben Squire; W18 Rachel Duckworth; W20 Jessica Dring-Morris.

Future events:

Joint EMJOS and Y&HJS training at Big Moor and Stanton Moor

1st & 2nd February 2020

Cake stall will be out at LOG's Harlaxton's event 2nd February 2020.

The O'Planner (spreadsheet copy on the EMJOS website) that lays out the dates for EMJOS training - is being updated with regular in region training sessions and other opportunities with the nearby regions.

Ann-Marie Duckworth

East Midlands Junior Squad coordinator (January 2020)

Autumn World Cups

At the end of last year, I was lucky enough to be part of the GB team that raced at the final two World Cup rounds of 2019, in Switzerland and China. Nowadays, the World Championships (which is the main goal of most elite orienteers) has been split between sprint and forest events in alternating years. This having been a forest year, many of us were looking forward to getting our sprint shoes on again for these World Cups!

Switzerland

This was held in the typically picturesque town of Laufen. There were middle, knock-out sprint and individual sprint races. As is common in Switzerland, the middle consisted of a big climb to the start then a long downhill run finishing in the town. The brambles wouldn't have been out of place in Sherwood Pines!

For many, the main excitement came the following day with the KO sprint. This is a relatively recent addition to the World Cup which involves running a qualifier in the morning, followed later in the day by three knockout rounds (QFinal, SFinal, Final) which are mass start races in groups of six. If that sounds quite difficult or tiring to you, you'd be right! It's also incredibly fun. Each round is an intense all-out race, and the margins between success and elimination can be very fine.



KO Sprint Qualifier



Women's Semi-Final (*On The Red Line*)

I ran a good qualification, then was outrun in the QFinal by the current World Long distance champion (Olav Lundanes) and the Junior Sprint champion (Aston Key). I was quite happy with my effort, but my goal for next time is to make the SFinal round. Not long afterwards, I enjoyed switching to spectator mode for the final round, which had two British men running in it (more than any other nation). Ralph Street and Kris Jones ran very well in a dramatic finale that ended with Ralph 3rd and Kris 6th. If you haven't seen a World Cup before, this is a great one to watch - all the coverage is available for free on the IOF website ([orienteering.sport](https://www.orienteering.sport)).

On the final day we had a 'normal' sprint around Laufen. Again, the Brits proved that we're a strong sprinting nation with 3 men and 3 women finishing in the top 15 fastest times. Kris was on the podium again with an excellent silver medal, while I was very happy with 12th – my best individual World Cup result to date.



Individual Sprint



Team GB

China

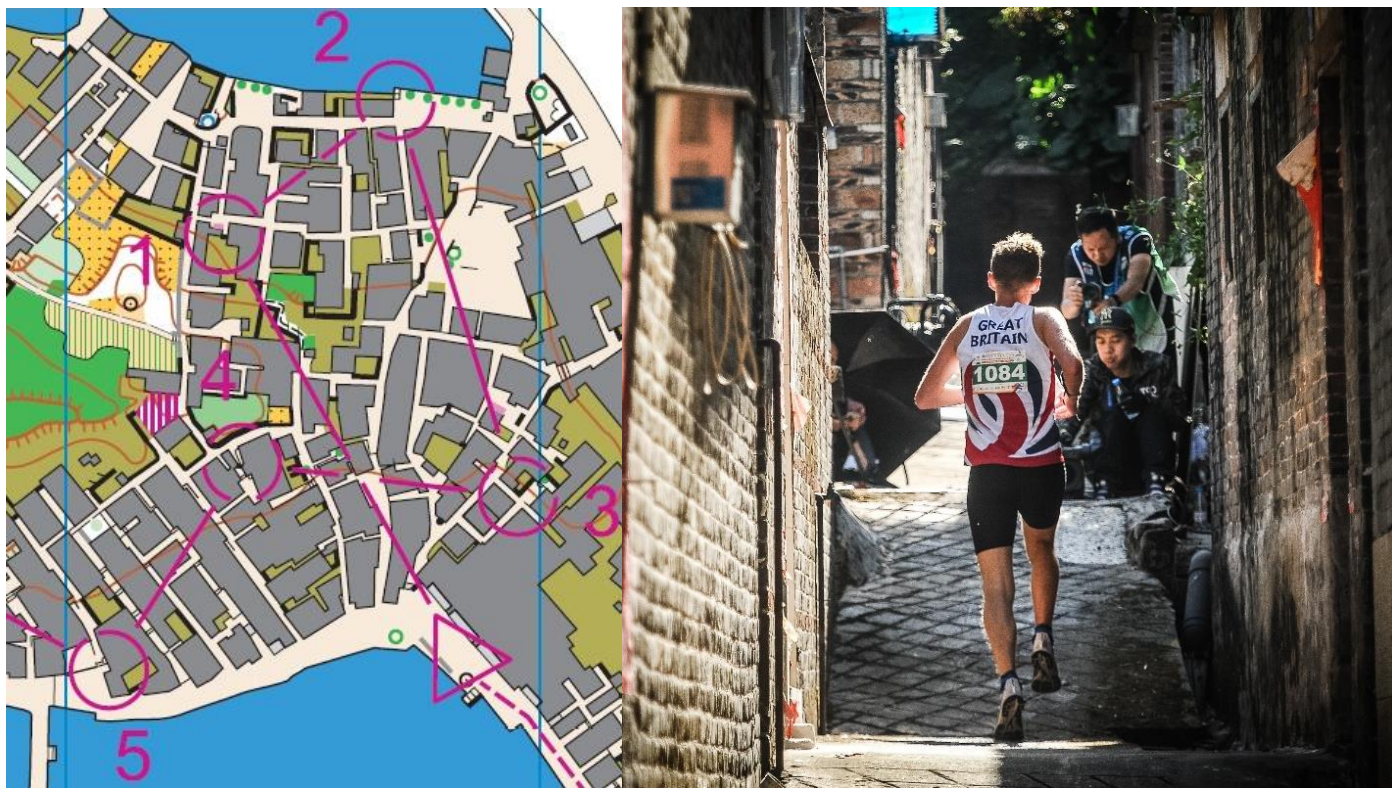
The southern city of Guangzhou hosted China's first international orienteering races. As expected, this proved to be quite different from the European orienteering we're used to, and quite a spectacle, beginning with a huge opening ceremony. I enjoyed representing Great Britain in the flag parade.



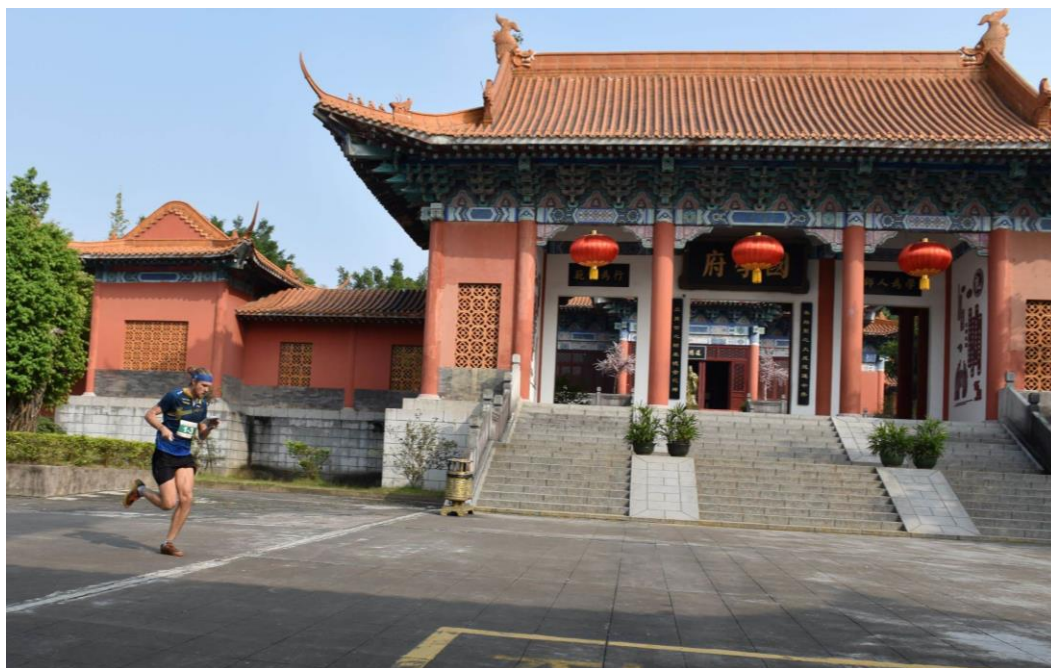
Opening ceremony (IOF)

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Similar to Switzerland, the competition began with a middle race which was followed by two sprint days with the sprint relay then individual races. This final event was a real highlight for me, as the hundreds of tiny alleyways of Songtang Village created the perfect maze for orienteering.



Individual Sprint (IOF)



An unusual backdrop for orienteering (IOF)

These excellent autumn races have been great motivation for my training ahead of 2020, which will see the first sprint-only World Championships held in Denmark. We have some fantastic runners and I'm looking forward to seeing what we can achieve as a team!

Thank you once again to EMOA and NOC for continuing to support me in attending these races. To follow the British team, head to ontheredline.org.uk where you'll find news, interviews, articles and more.

Peter Hodkinson

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Thoughts from the Development Co-ordinator

Since I was appointed EMOA Development Co-ordinator last autumn, being appointed a Grade A Controller and planning my first (and possibly last!) Championship/Level A event - the British Middle Distance Orienteering Championships at Chinley Churn - last September, I have been immersing myself in the British Orienteering rules (very sad ...) and reflecting on the quality of our events, the lack of consistency in standards and my own practices.

This came home to me even more over the last weekend (1 March 2020) as I Controlled SYO's National/Level B event on Burbage Moors. I had requested an Assistant Controller, as is more common now for ageing and ailing Controllers like myself, who even on the morning of the event spotted a misplaced control which the Planner and I had both missed. It had been tagged when the bracken was high and the feature we thought we were using was obscured.

We have run EMOA Event Officials Development Conferences for a number of years, though there are still those who don't attend saying that "I've been doing it for 25 years and it's always seemed alright". DVO is running a similar event on 24th March and I can predict with a fairly high degree of accuracy who won't, but should, come. I'll be running a further EMOA Conference in the autumn.

Reflecting on this and my own 'mistakes', I thought it might be useful to review some aspects of the Rules and good practice, highlighting some of the very good practice that does take place and some of the common errors that could easily be avoided. Hopefully, these articles will be read and discussed in clubs and I'm happy to discuss any points people disagree, or even agree, with.

East Midlands clubs have some excellent officials - organisers, planners, controller, mappers - and volunteers. We perhaps don't value their commitment enough and good organisations partly do this by ensuring everyone is up to date with the latest rules, requirements and practices, etc. usually by programmes of continuing professional development. Some people are often very sniffy about these events - "I've been doing it for x years, etc..." - whilst others value them, bring their own practice as case studies, reflect and learn, and then go away to help put on even better events.

Where to start?

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Perhaps think of recent events you took part in as an official, volunteer or competitor, or even all three. What were examples of good practice that made the experience better for you? What aspects could have been done differently, or even better? What mistakes were being made?

The starting point for our practice is the latest version of British Orienteering's Rules of Orienteering (Version 3.9 date 01/01/2020) - <https://www.britishorienteering.org.uk/rules>. It is important to remember that there are rules that 'must' be followed as they are specific requirements and those that 'should' be seen as minimum good practice and, whilst there is no specific requirement to comply with them, they should be followed unless there is a good reason not to do so. There are still people say "Oh, these are only guidelines so we can do what we like". No, they are the distillation of many years' experience and, as such, should (must?) normally seen as a minimum standard.

Back to the Start (and Finish) ...

The welfare of our volunteers, as well as competitors, should always be paramount in our event planning. As such, to me **good practice** would be to have shelter, regular shift rotation, perhaps refreshments, good communications with the organiser and clear briefing as to what is expected.

I recently did a course in the East Midlands (I'll spare the club's embarrassment ...) where in my judgement the best route to the first control was back out through the Start lanes. As well as creating confusion for some competitors - "where the hell is he going?" - it's also unfair as it gave others waiting to start an alternative route choice they may not have thought of.

Perhaps the most common fault(s) is for there to be no description for the Start in the control descriptions and/or the start location is on a decision point, not a line feature:

For TD1 and TD2 courses this feature must be a path or similar feature; it must not be a junction or intersection, as this would require a decision on which way to go without knowing where they have just come from. (Rule 28.2)

At the SYO event I recently controlled, I was asked by the Organiser when the White and Yellow courses could receive or see their maps.

At level B, C and D events, courses planned to TD 1 and 2 standards must be available to be seen by competitors in advance of their start time unless stated otherwise in a specific competition rule. This may be either by displaying the map and courses in a suitably prominent position, or by issuing competitors with their maps prior to the start. (Rule 28.6)

Now, this can be interpreted in a number of ways but the important word is 'must' - unless stated otherwise in a competition rule. We should be trying to make the experience of youngsters as positive as possible and it's helpful to give them time to, for example, go over what control descriptions mean.

The Finish

I'll come back to this in the next article but, as a starter, think about this section on the Finish from Appendix B: Course Planning:

5.1.3 As a minimum the finish should consist of a punch unit and control flag, preferably with a prominent finish banner. There should be no possibility of a competitor being unable to find the finish. Sufficient punching units should be used to cope with the likely frequency at which competitors will finish.

A common error is not to have a flag on every finish stake - the stake is a control, just like all others and, as such, should have a kite on each of them. A Finish banner or kite is a nicety and not a necessity.

With regard to the Finish, I'll leave readers to reflect on what you have seen at other events as well as what you do in your own organising, planning and controlling and will come back to this in my next article.

What else?

Do get in touch if there are issues you would like me to cover in EMEWS and at the Development Conference in the autumn. That event will be for all officials - organisers, planners, controllers, mappers - and anyone else interested in discussing how we can improve the quality of our events and the experience of competitors and volunteers.

Ranald Macdonald (EMOA Development Co-ordinator - r.f.macdonald@btinternet.com)

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East Midlands Urban League 2020

The current status of the EM Urban League for 2020 is shown below. The scoring is the best 4 out of 8 events to count. Only EMOA competitors are shown below:

| | | | |
|---|-----------------------|--------------------------------------|-----|
| 1 | 01/01/2020 | Wirksworth | DVO |
| 2 | 03/05/2020 | The Meadows & Wilford Village (UKUL) | NOC |
| 3 | 31/05/2020 | Barrow on Soar | LEI |
| 4 | 14/06/2020 | To be re-arranged | LEI |
| 5 | 28/06/2020 | Belper | DVO |
| 6 | 16/08/2020 | Lincoln City UKUL | LOG |
| 7 | 27/09/2020 | Clifton NW | NOC |
| 8 | 01/11/2020 | Woodhall Spa | LOG |



Junior Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Jake O'Donnell | M14 | DVO | 100/1 | 100 | | | | | | | |
| 2 | Ben O'Donnell | M16 | DVO | 96/1 | 96 | | | | | | | |
| 3 | Peter Birchall | M12 | DVO | 91/1 | 91 | | | | | | | |

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Open Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|-----------------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Alistair Thornton | M21 | LUOC | 100/1 | 100 | | | | | | | |
| 2 | Richard Robinson | M35 | NOC | 96/1 | 96 | | | | | | | |
| 3 | Chris Millard | M35 | DVO | 93/1 | 93 | | | | | | | |
| 4 | Craig Lucas | M21 | LOG | 90/1 | 90 | | | | | | | |
| 5 | Nerijus Rozkovas | M21 | DVO | 89/1 | 89 | | | | | | | |
| 6 | Philip Johnston-Davis | M45 | RAFO | 88/1 | 88 | | | | | | | |
| 7 | Richard Gale | M35 | DVO | 87/1 | 87 | | | | | | | |
| 8 | David Jolly | M45 | RAFO | 85/1 | 85 | | | | | | | |
| 9 | David Clough | M50 | DVO | 83/1 | 83 | | | | | | | |

Open Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|---------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Leah Williams | W21 | LUOC | 100/1 | 100 | | | | | | | |
| 2 | Andrea Page | W40 | LOG | 96/1 | 96 | | | | | | | |
| 3 | Alison Wright | W35 | LOG | 93/1 | 93 | | | | | | | |
| 4 | Kate Lowndes | W21 | DVO | 91/1 | 91 | | | | | | | |

Veteran Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|-------------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Paul Murgatroyd | M50 | LOG | 100/1 | 100 | | | | | | | |
| 2 | Andy Parry | M40 | DVO | 90/1 | 90 | | | | | | | |
| 3 | James Prince | M50 | DVO | 89/1 | 89 | | | | | | | |
| 4 | Ian Crowe | M40 | LOG | 88/1 | 88 | | | | | | | |
| 5 | Alastair Paterson | M50 | LEI | 87/1 | 87 | | | | | | | |
| 6 | Gary Kelsall | M50 | DVO | 86/1 | 86 | | | | | | | |
| 7 | Andrew Selby | M45 | DVO | 84/1 | 84 | | | | | | | |

Veteran Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|---------------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Tanya Taylor | W50 | LOG | 100/1 | 100 | | | | | | | |
| 2 | Ann-Marie Duckworth | W50 | DVO | 96/1 | 96 | | | | | | | |
| 3 | Helen Chiswell | W40 | DVO | 93/1 | 93 | | | | | | | |
| 4 | Claire Selby | W45 | DVO | 90/1 | 90 | | | | | | | |

Supervet Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|-------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Andrew Ridgway | M55 | NOC | 96/1 | 96 | | | | | | | |
| 2 | Mick Lucking | M60 | NOC | 93/1 | 93 | | | | | | | |
| 3 | Francesco Lari | M55 | DVO | 91/1 | 91 | | | | | | | |
| 4 | David Vincent | M55 | DVO | 89/1 | 89 | | | | | | | |
| 5 | Malcom Spencer | M55 | DVO | 87/1 | 87 | | | | | | | |

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|---|----------------|-----|-----|-------------|----|--|--|--|--|--|--|--|
| 6 | Mike Gardner | M60 | DVO | 85/1 | 85 | | | | | | | |
| 7 | Jonathon Lee | M55 | LEI | 84/1 | 84 | | | | | | | |
| 8 | Richard Naish | M55 | DVO | 83/1 | 83 | | | | | | | |
| 9 | Philip Caswell | M55 | LEI | 81/1 | 81 | | | | | | | |

Supervet Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Amanda Roberts | W55 | LOG | 100/1 | 100 | | | | | | | |
| 2 | Sue Russell | W55 | DVO | 93/1 | 93 | | | | | | | |
| 3 | Ruth Ellis | W65 | DVO | 90/1 | 90 | | | | | | | |

Ultravet Men

| | Name | | Club | Best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|----|-----------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Michael Napier | M65 | NOC | 100/1 | 100 | | | | | | | |
| 2 | John Hurley | M65 | DVO | 91/1 | 91 | | | | | | | |
| 3 | Roger Edwards | M70 | LEI | 89/1 | 89 | | | | | | | |
| 4 | Mike Godfree | M70 | DVO | 87/1 | 87 | | | | | | | |
| 5 | Jeffrey Baker | M65 | LOG | 86/1 | 86 | | | | | | | |
| 6 | John Hopper | M65 | DVO | 84/1 | 84 | | | | | | | |
| 7 | Kevin Gallagher | M70 | LEI | 83/1 | 83 | | | | | | | |
| 8 | Brian Denness | M65 | DVO | 82/1 | 82 | | | | | | | |
| 9 | John Marriott | M70 | LEI | 81/1 | 81 | | | | | | | |
| 10 | Robert Haskins | M65 | LEI | 80/1 | 80 | | | | | | | |

Ultravet Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|---------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Liz Godfree | W70 | DVO | 100/1 | 100 | | | | | | | |
| 2 | Ann Armistead | W70 | DVO | 91/1 | 91 | | | | | | | |
| 3 | Diane Blount | W70 | DVO | 90/1 | 90 | | | | | | | |
| 4 | Viv Macdonald | W65 | DVO | 87/1 | 87 | | | | | | | |
| 5 | Jen Gale | W70 | DVO | 84/1 | 84 | | | | | | | |
| 6 | Maureen Webb | W65 | LEI | 81/1 | 81 | | | | | | | |

Hypervet Men

| | Name | | Club | Best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|--------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Doug Dickinson | M75 | DVO | 100/1 | 100 | | | | | | | |
| 2 | Rex Bleakman | M75 | DVO | 96/1 | 96 | | | | | | | |
| 3 | John Woodall | M80 | NOC | 90/1 | 90 | | | | | | | |

Hypervet Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|--------------|-----|------|-------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Pauline Ward | W75 | DVO | 91/1 | 91 | | | | | | | |

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EMEWS

East Midlands League 2020

The tables below provide the latest standings for the EMOA League 2020. The best 8 scoring events counting towards the league. Tables below are based on latest standing in league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class

The events included in the League for 2020 so far are:

- 1 - 5th Jan - Strawberry Hill (NOC) 2 - 12th Jan - Castle Hill (LEI)
3 - 2nd Feb - Harlaxton (LOG) 4 - 8th Feb - Bramcote Hills (NOC)
5 - 23rd Feb - Lindop Woods (DVO)

The events still to be run are:

- 6 - ? - Martinshaw (LEI) - the event was cancelled due to storm (to be rescheduled?)
7 - 8th Mar - Linacre (DVO) 8 - 29th Mar - Outwoods (LEI)
9 - 17th May - Black Rocks (DVO) 10 - 6th Sept - Kedleston Hall (DVO)
11 - 4th Oct - Burbage Common (LEI) 12 - 25th Oct - Grangewood (DVO)
13 - 8th Nov - Boundary Wood (NOC) 14 - 15th Nov - Hardwick Park (DVO)
15 - 13th Dec - Bagworth Common (LEI) 16 - 20th Dec - Walesby (NOC)

Yellow - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|-------------|------|-----|---|------|---|------|---|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Lewis Bones | LOG | M12 | | 1000 | | 1000 | | | | | | | | | | | | | 2000 | 1 |

Orange - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|--------------|------|-----|------|-----|------|------|------|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Sam Jones | NOC | M14 | 816 | | 1000 | 1000 | | | | | | | | | | | | | 2816 | 1 |
| John Cooke | DVO | M70 | 651 | | | 386 | 1000 | | | | | | | | | | | | 2037 | 3 |
| Felix Jarvis | LEI | M10 | 1000 | 597 | | | | | | | | | | | | | | | 1597 | 3 |

Orange - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|----------------|------|-----|-----|------|------|------|------|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Karen Matthias | LEI | W50 | 671 | | 1000 | 1000 | | | | | | | | | | | | | 2671 | 1 |
| Alexa Lindsay | DVO | W14 | | 1000 | | | 1000 | | | | | | | | | | | | 2000 | 2 |

Light Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|------------|------|-----|------|------|---|---|------|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Ben Glover | LEI | M14 | 1000 | 1000 | | | 1000 | | | | | | | | | | | | 3000 | 1 |

Light Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|--------------|------|-----|------|-----|------|-----|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Tricia Neal | NOC | W70 | | 397 | 1000 | 703 | | | | | | | | | | | | | 2100 | 1 |
| Alison Hayes | DVO | W55 | 1000 | | | 894 | | | | | | | | | | | | | 1894 | 2 |
| Robyn Jarvis | LEI | W14 | | | | 936 | 612 | | | | | | | | | | | | 1548 | 3 |

EMEWS

Short Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|------------------|------|-----|------|-----|------|-----|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| John Palmer | NOC | M70 | 865 | 782 | 965 | 924 | | | | | | | | | | | | | 3536 | 1 |
| Matt White | LEI | M50 | 764 | | 1000 | 991 | | | | | | | | | | | | | 2755 | 2 |
| John Woodall | NOC | M75 | 681 | | 708 | 678 | 657 | | | | | | | | | | | | 2724 | 3 |
| Kevin Gallagher | LEI | M70 | 885 | 978 | | | 780 | | | | | | | | | | | | 2643 | 4 |
| Ranald Macdonald | DVO | M65 | 823 | | 811 | 886 | | | | | | | | | | | | | 2520 | 5 |
| Chris Phillips | LEI | M70 | 636 | | | 698 | 516 | | | | | | | | | | | | 1850 | 6 |
| Peter Chick | LEI | M75 | 1000 | 693 | | | | | | | | | | | | | | | 1693 | 7 |
| Chris O'Donnell | DVO | M50 | 771 | | | | 743 | | | | | | | | | | | | 1514 | 8 |
| Andrew Breakwell | NOC | M70 | | 674 | 810 | | | | | | | | | | | | | | 1484 | 9 |
| Kevin Bradley | LEI | M65 | | 636 | 765 | | | | | | | | | | | | | | 1401 | 10 |

Short Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|------------------|------|-----|------|------|------|------|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Ruth Ellis | DVO | W65 | 759 | 869 | 811 | 849 | | | | | | | | | | | | | 3288 | 1 |
| Viv Macdonald | DVO | W65 | 852 | | 1000 | 969 | | | | | | | | | | | | | 2821 | 2 |
| Jen Gale | DVO | W70 | 649 | 877 | 745 | | | | | | | | | | | | | | 2271 | 3 |
| Elaine Smith | NOC | W60 | 751 | | | 641 | 859 | | | | | | | | | | | | 2251 | 4 |
| Helen Finlayson | DVO | W75 | 1000 | | | 936 | | | | | | | | | | | | | 1936 | 5 |
| Kim Buxton | DVO | W55 | 880 | 955 | | | | | | | | | | | | | | | 1835 | 6 |
| Pauline Ward | DVO | W75 | | | | 897 | 895 | | | | | | | | | | | | 1792 | 7 |
| Ann Armistead | DVO | W70 | 783 | | | 1000 | | | | | | | | | | | | | 1783 | 8 |
| Diane Blount | DVO | W70 | | | 858 | | 848 | | | | | | | | | | | | 1706 | 9 |
| Margaret Keeling | DVO | W70 | 658 | 1000 | | | | | | | | | | | | | | | 1658 | 10 |

Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|-----------------|------|-----|------|------|------|------|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Jeffrey Baker | LOG | M65 | 608 | 619 | 705 | 789 | 761 | | | | | | | | | | | | 3482 | 1 |
| Doug Dickinson | DVO | M75 | 1000 | 1000 | 1000 | | | | | | | | | | | | | | 3000 | 2 |
| Michael Lindsay | DVO | M70 | 806 | 635 | | 699 | 730 | | | | | | | | | | | | 2870 | 3 |
| Roger Edwards | LEI | M70 | 844 | | 932 | 1000 | | | | | | | | | | | | | 2776 | 4 |
| Andy Portsmouth | LEI | M65 | 770 | 639 | 600 | 705 | | | | | | | | | | | | | 2714 | 5 |
| Dave Skidmore | DVO | M70 | 674 | 650 | 641 | 693 | | | | | | | | | | | | | 2658 | 6 |
| Martin Wheeler | LOG | M65 | 625 | 727 | 655 | | | | | | | | | | | | | | 2007 | 7 |
| Peter Chorleton | NOC | M65 | 660 | | | 591 | 545 | | | | | | | | | | | | 1796 | 8 |
| Rex Bleakman | DVO | M75 | 876 | | | | 911 | | | | | | | | | | | | 1787 | 9 |
| Paul Young | DVO | M40 | 498 | 515 | | 702 | | | | | | | | | | | | | 1715 | 10 |

Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|---------------------|------|-----|------|------|------|------|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Amanda Roberts | LOG | W55 | 890 | 1000 | 1000 | 1000 | 936 | | | | | | | | | | | | 4826 | 1 |
| Jane Kayley-Burgess | DVO | W60 | 831 | 920 | 777 | 827 | | | | | | | | | | | | | 3355 | 2 |
| Rachel Davis | DVO | W55 | 641 | 748 | 700 | 705 | | | | | | | | | | | | | 2794 | 3 |
| Ursula Williamson | LEI | W55 | 694 | | 614 | 715 | 675 | | | | | | | | | | | | 2698 | 4 |
| Hannah Mather | LOG | W14 | 718 | | 801 | 929 | | | | | | | | | | | | | 2448 | 5 |
| Joanne Nell | RAFO | W55 | 863 | 701 | 796 | | | | | | | | | | | | | | 2360 | 6 |
| Jane Dring-Morris | LEI | W50 | 703 | 739 | 628 | | | | | | | | | | | | | | 2070 | 7 |
| Liz Godfree | DVO | W70 | 1000 | | | 770 | | | | | | | | | | | | | 1770 | 8 |
| Libby Barber | LEI | W16 | 770 | | | 882 | | | | | | | | | | | | | 1652 | 9 |
| Anne Kayle-Burgess | DVO | W50 | 528 | | 576 | 412 | | | | | | | | | | | | | 1516 | 10 |

EMEWIS

Blue - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|-------------------|------|-----|-----|------|-----|-----|-----|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| John Hurley | DVO | M65 | 859 | 943 | 858 | 860 | 695 | | | | | | | | | | | | 4215 | 1 |
| Francesco Lari | DVO | M55 | 719 | 898 | 877 | 884 | 714 | | | | | | | | | | | | 4092 | 2 |
| John Hopper | DVO | M65 | 803 | 850 | 881 | 780 | | | | | | | | | | | | | 3314 | 3 |
| Andrew Ridgway | NOC | M55 | 741 | 835 | 905 | 666 | | | | | | | | | | | | | 3147 | 4 |
| Paul Morris | NOC | M60 | | 964 | 939 | 906 | | | | | | | | | | | | | 2809 | 5 |
| Alastair Paterson | LEI | M50 | 567 | 701 | 785 | 708 | | | | | | | | | | | | | 2761 | 6 |
| Dave Denness | LEI | M60 | | 1000 | 941 | | 745 | | | | | | | | | | | | 2686 | 7 |
| Simon Brister | DVO | M70 | 764 | 881 | | 833 | | | | | | | | | | | | | 2478 | 8 |
| Steve Schofield | NOC | M55 | | 890 | | 843 | 693 | | | | | | | | | | | | 2416 | 9 |
| Ben Mather | LOG | M18 | 691 | 749 | 847 | | | | | | | | | | | | | | 2287 | 10 |

Blue - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|----------------|------|-----|------|-----|------|------|------|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Tanya Taylor | LOG | W45 | 777 | 880 | 1000 | 1000 | 1000 | | | | | | | | | | | | 4657 | 1 |
| Nicola Hart | DVO | W55 | 759 | 886 | | 609 | 753 | | | | | | | | | | | | 3007 | 2 |
| Tracey Brookes | LEI | W55 | 800 | | 653 | 691 | | | | | | | | | | | | | 2144 | 3 |
| Sal Chaffey | DVO | W55 | 1000 | | | 813 | | | | | | | | | | | | | 1813 | 4 |

Brown - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | scores | Pos. |
|-----------------------|------|-----|-----|-----|------|-----|------|---|---|---|---|----|----|----|----|----|----|----|--------|------|
| Nerijus Rozkovas | DVO | M21 | 706 | 805 | 696 | 821 | 885 | | | | | | | | | | | | 3913 | 1 |
| Philip Johnston-Davis | RAFO | M45 | 765 | 908 | | 861 | 1000 | | | | | | | | | | | | 3534 | 2 |
| Craig Lucas | LOG | M21 | 638 | 762 | 821 | 732 | | | | | | | | | | | | | 2953 | 3 |
| Richard Dearden | NOC | M50 | 907 | | 925 | | 960 | | | | | | | | | | | | 2792 | 4 |
| James Rogers | LEI | M21 | 662 | 887 | | 937 | | | | | | | | | | | | | 2486 | 5 |
| Mark Goodhead | DVO | M21 | 692 | 710 | | | 710 | | | | | | | | | | | | 2112 | 6 |
| Richard Robinson | NOC | M35 | 939 | | 1000 | | | | | | | | | | | | | | 1939 | 7 |
| Andy Sykes | DVO | M55 | | | 818 | 781 | | | | | | | | | | | | | 1599 | 8 |
| Andy Glover | LEI | M40 | 712 | 874 | | | | | | | | | | | | | | | 1586 | 9 |
| Kevin Swinbourne | LOG | M45 | 789 | | 777 | | | | | | | | | | | | | | 1566 | 10 |

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

March

| | | | | | | | |
|----------------------|--|-----|-----------------------|----|---|-------------------|--------------------------|
| Sun 8 th | Rowney Warren YBT heat | C | WAOC | EA | Rowney Warren | Bedford | |
| Sun 8 th | YHOA Middle Champs and YHOA Superleague | C | EBOR | YH | Heator Rigg | Pickering | |
| Sun 8 th | East Midlands League 2020 | C | DVO | EM | Linacre | Chesterfield | SK355730 |
| Tue 10 th | Club Night South Charnwood High School | Act | LEI | EM | South Charnwood High School | Leicester | |
| Thu 12 th | Tech Training | Act | LOG | EM | Riseholme | Leicesterincoln | |
| Sat 14 th | OD Saturday Morning Event (Incl Schools' Champs) - Ryton Pools | D | OD | WM | Ryton Pools | Coventry | SP370724 |
| Sat 14 th | Park-O Wandlebury | D | WAOC | EA | Wandlebury Country park | Cambridge | |
| Sat 14 th | MDOC Park Event (4) | D | MDOC | NW | Wythenshawe park | Wythenshawe | SJ815900 |
| Sun 15 th | CompassSport Cup Heat | B | | EA | Aspley Heath | Milton Keynes | |
| Sun 15 th | CompassSport Cup Heat | B | EPOC | YH | Ogden Water | Halifax | |
| Tue 17 th | Club Night South Charnwood High School | Act | LEI | EM | TBC | Leicester | |
| Thu 19 th | Tech Training | Act | LOG | EM | West Common | Lincoln | |
| Sat 21 st | British Orienteering Championships (UKOL) | A | | SE | Golden Valley & Cognor Wood | Haslemere | SU850296 |
| Sun 22 nd | British Relay Championships | A | | SE | Iron Hill and Parkgate Rough | South East | SU850296 |
| Tue 24 th | Club Night South Charnwood High School | Act | LEI | EM | TBC | Leicester | |
| Thu 26 th | Tech Training | Act | LOG | EM | Hartsholme Park | Lincoln | |
| Sat 28 th | Beginners, schools and families event | D | COBOC | WM | Rectory Park | Sutton Coldfield | SP128966 |
| Sun 29 th | YHOA Superleague | C | CLARO | YH | Guisecliff | Pateley Bridge | SE161646 |
| Sun 29 th | East Midlands League 2020 & YBT Heat | C | LEI | EM | Outwoods | Loughborough | |
| Sun 29 th | Bagot Wood - West Midlands League Event 4 + YBT Heat | C | WCH | WM | | Burton Upon Trent | |
| Tue 31 st | NW Leics Schools Championships | D | LEI | EM | Donisthorpe | Ashby de la Zouch | |
| Tue 31 st | Club Night South Charnwood | Act | LEI | EM | TBC | Leicester | |

EMEWS

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|--|-------------|--|--|--|--|--|--|
| | High School | | | | | | |
|--|-------------|--|--|--|--|--|--|

April

| | | | | | | | |
|----------------------|--|---|-----------------------|----|--|-------------------|--------------------------|
| Sat 4 th | Explore the Parks Burnt Stump | D | NOC | EM | Burnt Stump | Nottingham | |
| Sun 5 th | Woodside (Telford) - UK Urban League Race 3 / WM Urban League 1 | C | WRE | WM | Woodside | Telford | SJ683042 |
| Sun 5 th | BOK Regional event and Mike Nelson BOK Trot | C | BOK | SW | Blackdown | Shipham | ST464557 |
| Sun 5 th | NOR Regional event | C | NOR | EA | | Norfolk | |
| Sun 5 th | Keyne-O 1, Howe Park Wood | C | SMOC | EA | Howe Park Wood | Milton Keynes | |
| Fri 10 th | Jan Kjellström Orienteering Festival - Sprint (UKOL & WRE) | A | | NE | Stockton Riverside | Stockton | NZ455187 |
| Sat 11 th | Jan Kjellström Orienteering Festival - Middle (UKOL & WRE) | A | | NE | Sneaton Forest West | Whitby | NZ887022 |
| Sun 12 th | Jan Kjellström Orienteering Festival - Long (UKOL & WRE) | A | | NE | Pickering Forest | Pickering | SE812927 |
| Mon 13 th | Jan Kjellström Orienteering Festival – Relays | A | | NE | Hutton Mulgrave and Skelder | Whitby | NZ846091 |
| Thu 16 th | Spring Series | D | LOG | EM | Chambers Wood | Lincoln | TF147739 |
| Sat 18 th | OD Saturday Morning Event - Brueton Park | D | OD | WM | Brueton Park | Solihull | SP162790 |
| Sat 18 th | Explore the Parks Bramcote | D | NOC | EM | Bramcote Park | Nottingham | |
| Sun 19 th | East Anglian Championships | B | HAVOC | EA | Epping Forest SW | Chingford | TQ393950 |
| Sun 19 th | Regional Event | C | SYO | YH | West Haigh | Barnsley | |
| Mon 20 th | LEI 2020 Summer League 1 | D | LEI | EM | Willesley Woods | Ashby de la Zouch | SK337144 |
| Sat 25 th | Spring in the Lakes Middle distance event | B | SROC | NW | Blakeholme | Kendal | |
| Sat 25 th | Markeaton Park | D | DVO | EM | Markeaton Park | Derby | SK335370 |
| Sat 25 th | NOC-OUT SPRINT - UK Elite O League | D | NOC | EM | Nottingham (Venue TBC) | Nottingham | |
| Sun 26 th | YHOA Superleague | C | HALO | YH | Houghton Moor | Market Weighton | |
| Sun 26 th | Midland Sprint Meet - Daventry Open | C | OD | WM | The Grange, Daventry (Permissions pending) | Daventry | SP561620 |
| Tue 28 th | LEI 2020 Summer League 2 | D | LEI | EM | Cademan and Thringstone Woods | Loughborough | SK436166 |
| Thu 30 th | Spring Series | D | LOG | EM | Stapleford | Lincoln | SK857560 |

May

| | | | | | | | |
|---------------------|---|---|-----------------------|----|---|---------------|--------------------------|
| Sat 2 nd | Keyne-O 2 - afternoon event | D | SMOC | EA | Ouzel Valley Park | Milton Keynes | |
| Sat 2 nd | berryhill local training event | D | POTOC | WM | Berryhill fields | Hanley | SJ904463 |
| Sun 3 rd | Regional Event and Yvette Baker Trophy Heat | C | CLARO | YH | Hookstone Woods | Harrogate | |
| Sun 3 rd | East Midlands Urban League 2020 | C | NOC | EM | The Meadows and Wilford | Nottingham | SK548349 |

EMEWS

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|----------------------|--|---|-----------------------|-----|--|-------------------|--------------------------|
| | | | | | Village | | |
| Sun 3 rd | NOR Regional event | C | NOR | EA | | Norfolk | |
| Wed 6 th | LEI 2020 Summer League 3 | D | LEI | EM | Fineshade Woods TBC | Stamford | SP978984 |
| Thu 7 th | Spring Series | D | LOG | EM | Londonthorpe | Grantham | SK944379 |
| Sat 9 th | British Middle Distance Championships (UKOL) | A | LOC | NW | Summerhouse Knott | Newby Bridge | |
| Sat 9 th | Park-O Milton | D | WAO | EA | Milton Country Park | Milton | |
| Sun 10 th | Lake District Championship Weekend – Northern Championships (UKOL) | A | MDOC | NW | High Dam | Newby Bridge | SD363883 |
| Wed 13 th | OD Summer Evening Event - Abbey Fields & Kenilworth Urban - World Orienteering Event | D | OD | WM | Abbey Fields & Kenilworth Town | Kenilworth | SP287723 |
| Thu 14 th | LEI 2020 Summer League 4 | D | LEI | EM | Spring Cottage | Swadlincote | SK298173 |
| Thu 14 th | Spring Series | D | LOG | EM | Revesby | Horncastle | TF297615 |
| Sat 16 th | SO "Sunny Sussex" weekend (1 of 3) Middle Distance - incl SE Middle Champs - Abbots Wood, Polegate | C | SO | SE | Abbots Forest | Hailsham | TQ558078 |
| Sat 16 th | SO "Sunny Sussex" weekend (2 of 3) Evening Sprint - Sovereign Harbour, Eastbourne | C | SO | SE | Sovereign Harbour | Eastbourne | TQ634024 |
| Sat 16 th | Darley Park | D | DVO | EM | Darley Park | Derby | SK353384 |
| Sat 16 th | Explore the Parks Rushcliffe Country Park | D | NOC | EM | Rushcliffe Country Park | Nottingham | |
| Sun 17 th | SO "Sunny Sussex" weekend (3 of 3) SE League Event, Friston Forest, Eastbourne | B | SO | SE | Friston Forest | Eastbourne | TV545997 |
| Sun 17 th | Tenby National Urban Race | B | BAOC | WOA | Tenby | Tenby | |
| Sun 17 th | North Cambridge Urban | B | WAO | EA | North Cambridge | Cambridge | |
| Sun 17 th | Regional Event and YHOA Schools Championships | C | AIRE | YH | Middleton Park | Leeds | |
| Sun 17 th | Cromford Moor & Black Rocks EM League 2020 | C | DVO | EM | Black Rocks | Cromford | SK291557 |
| Tue 19 th | LEI 2020 Summer League 5 | D | LEI | EM | Donisthorpe Woodland Centre | Ashby de la Zouch | SK318141 |
| Thu 21 st | Spring Series | D | LOG | EM | South Common | Lincoln | SK977698 |
| Sat 23 rd | Tamar Triple Day 1 - Urban | B | DEVON | SW | Tavistock | Tavistock | |
| Sat 23 rd | POTOC park series 1 | D | POTOC | WM | central forest park | Hanley | Sj886487 |
| Sun 24 th | Tamar Triple Day 2 Long Race (UKOL) | B | KERN | SW | Davidstow Moor South | Bodmin | |
| Sun 24 th | YHOA Urban League | C | CLARO | YH | Jennyfields | Harrogate | SE283560 |
| Mon 25 th | YHOA Urban League/York City Race | C | EBOR | YH | York | York | |
| Mon 25 th | Tamar Triple Day 3 Middle Race (UKOL) | B | KERN | SW | Hardhead Downs | Bodmin | |
| Wed 27 th | OD Summer Evening Event - Coombe Abbey | D | OD | WM | Coombe Abbey Country Park | Coventry | SP404790 |
| Thu 28 th | LEI 2020 Summer League 6 | D | LEI | EM | Bagworth Common and Woods | Coalville | SK458068 |

EMEWS

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|----------------------|---------------------------------------|---|----------------------|----|-------------------------------|--------------|--------------------------|
| Sat 30 th | Alvaston Park | D | DVO | EM | Alvaston Park | Derby | SK378344 |
| Sun 31 st | East Midlands Urban League 2020 | C | LEI | EM | Barrow on Soar | Loughborough | |
| Sun 31 st | YHOA Championships & YHOA Superleague | C | EPOC | YH | | Huddersfield | |

June

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|----------------------|---|-----|-----------------------|-----|--|-----------------------------|--------------------------|
| Tue 2 nd | LEI 2020 Summer League 7 | D | LEI | EM | Outwoods | Loughborough | SK514159 |
| Wed 3 rd | OD Summer Evening Event - Itchington Holt | D | OD | WM | Itchington Holt | Harbury | SP369557 |
| Sat 6 th | POTOC park series 2 | D | POTOC | WM | Tunstall park | Tunstall | SJ865514 |
| Sat 6 th | Explore the Parks Highfields & The University | D | NOC | EM | Nottingham University | Nottingham | |
| Sun 7 th | Regional Event | C | SYO | YH | Sandall Beat | Doncaster | |
| Sun 7 th | OD Hinckley - West Midlands Urban League Event 2 | C | OD | WM | Hinckley Town Centre | Hinckley | |
| Wed 10 th | LEI 2020 Summer League 8 | D | LEI | EM | Quorn Urban | Loughborough | SK560167 |
| Sat 13 th | Euro City Race 2020 | C | CLOK | NE | Richmond | Richmond | NZ180013 |
| Sat 13 th | Park-O Cherry Hinton Hall Park | D | WAOC | EA | Cherry Hinton Hall Park | Cambridge | |
| Sat 13 th | East Midlands Score Championships | D | DVO | EM | Carsington Pastures | Worksworth | SK245548 |
| Sat 13 th | Multilayer Indoor Race | Act | CLOK | NE | Richmond School | Richmond | |
| Sat 13 th | Micro Sprint Race | Act | CLOK | NE | Easby Abbey | Richmond | |
| Sun 14 th | YHOA Urban League & part of Euro City Race Weekend | C | HALO | YH | Thirsk | Thirsk | SE427822 |
| Sun 14 th | Birmingham Urban - West Midlands Urban League Event 3 | C | HOC | WM | | Birmingham | |
| Wed 17 th | OD Summer Evening Event - St Nicholas Park, Warwick | D | OD | WM | St Nicholas Park | Warwick | SP286649 |
| Thu 18 th | LEI 2020 Summer League 9 | D | LEI | EM | Loughborough University Campus Main Entrance | Loughborough | SK524193 |
| Sat 20 th | British Sprint Relay Championships | B | DEE | NW | Skelmersdale | Skelmersdale | |
| Sat 20 th | POTOC park series 3 | D | POTOC | WM | Florence and Longton | Longton | SJ910418 |
| Sun 21 st | British Sprint Championships (UKOL) | A | | NW | Skelmersdale | Skelmersdale | |
| Tue 23 rd | LEI 2020 Summer League 10 & LEI Score Cup | D | LEI | EM | Martinshaw Woods | Leicester | SK518070 |
| Sun 28 th | Harvester Relays | B | FVO | SOA | Drumlanrig Castle | Dumfries, Southern Scotland | NX852993 |
| Sun 28 th | East Midlands Urban League 2020 | C | DVO | EM | Belper | Belper | |

July

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|---------------------|--|---|---------------------|----|-----------------------------------|-----------|--------------------------|
| Wed 1 st | OD Summer Evening Event - Tudor Grange | D | OD | WM | Tudor Grange Park | Solihull | SP145794 |
| Thu 2 nd | LEI 2020 Summer League 11 | D | LEI | EM | Burrough Hill | Leicester | SK766114 |

EMEWS

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|----------------------|--|---|-----------------------|-----|--|---------------------|--------------------------|
| Sat 4 th | Fat Rascal Weekend - YHOA Urban League | C | AIRE | YH | Haworth and Penistone Hill | Haworth | |
| Sat 4 th | POTOC park series 4 | D | POTOC | WM | festival park | Hanley | SJ870482 |
| Sun 5 th | Fat Rascal Weekend - YHOA Urban League | C | AIRE | YH | Guiseley | Guiseley | |
| Sun 5 th | Keyne-O 4 - Stanton Low Park | D | SMOC | EA | Stanton Low Park | Milton Keynes | |
| Sun 5 th | Heath Hayes - West Midlands Urban League Event 4 | C | WCH | WM | | Cannock | |
| Mon 6 th | LEI 2020 Summer League 12 | D | LEI | EM | Beacon Hill | Loughborough | SK521148 |
| Wed 8 th | OD Summer Evening Event - Hartshill Hays | D | OD | WM | Hartshill Hays Country Park | Nuneaton | SP317942 |
| Sat 11 th | YHOA Sprint Champs | C | SYO | YH | South Sheffield | Sheffield | |
| Sat 11 th | Explore the Parks Gedling Country Park | D | NOC | EM | Gedling Country Park, Arnold, Nottingham | Nottingham | |
| Sun 12 th | YHOA Urban League | C | SYO | YH | Sheffield City | Sheffield | SK348870 |
| Sun 12 th | OD Burton Dassett - West Midlands League Event 5 (TBC) | C | OD | WM | Burton Dassett Hills Country Park | Southam | SP396519 |
| Wed 15 th | LEI 2020 Summer League 13 | D | LEI | EM | Groby Urban | Leicester | SK518070 |
| Sat 18 th | POTOC park series 5 | D | POTOC | WM | fenton park | Stoke | SJ896449 |
| Sat 18 th | YHOA Urban League | C | EPOC | YH | Golcar and Leymoor | Huddersfield | |
| Sat 18 th | Foremark Reservoir | D | DVO | EM | Foremark Reservoir | Repton | SK336241 |
| Sat 18 th | Wolds Mini Mountain Marathon | D | LOG | EM | | Woodhall Spa | |
| Sun 19 th | YHOA Urban League | C | EPOC | YH | Pontefract | Pontefract | |
| Tue 21 st | LEI 2020 Summer League 14 | D | LEI | EM | Johns Lee Wood | Leicester | SK560167 |
| Wed 22 nd | OD Summer Evening Event - Rough Close | D | OD | WM | Rough Close Scout Camp | Coventry | SP317942 |
| Sat 25 th | Croeso 2020 Day 1 | B | ERYRI | WOA | Gwrych Castle and Gopa Wood | Abergele | |
| Sun 26 th | Croeso 2020 Day 2 (UKOL) | B | ERYRI | WOA | Llyn Trawsfynedd | Trawsfynydd | |
| Mon 27 th | Croeso 2020 Day 3 | B | ERYRI | WOA | Llechweddgain | Bronaber | |
| Tue 28 th | Croeso 2020 Rest day/Fun event | D | ERYRI | WOA | Menai Strait | Menai Bridge | |
| Wed 29 th | Croeso 2020 Day 4 (UKOL) | B | ERYRI | WOA | Llyn Gwynant | Beddgelert | |
| Thu 30 th | Croeso 2020 Day 5 | B | ERYRI | WOA | Llyn Dinas | Beddgelert | |
| Thu 30 th | LEI 2020 Summer League 15 | D | LEI | EM | Fosse Meadows Country Park TBC | Leicester | SP489910 |
| Fri 31 st | Croeso 2020 Day 6 | B | ERYRI | WOA | Portmeirion | Penrhyndeudraeth | |

August

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|---------------------|--|---|---------------------|----|---------------------------------------|-----------------------|--------------------------|
| Tue 4 th | LEI 2020 Summer League 16 | D | LEI | EM | Melton Country Park | Melton Mowbray | SK756208 |
| Wed 5 th | OD Summer Evening Event - Cawston Grange | D | OD | WM | Cawston Grange, Rugby | Rugby | SP469735 |

EMEWS

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|----------------------|--|---|-----------------------|-----|--|------------------|--------------------------|
| Sun 9 th | Milton Keynes Urban (and KO5) | C | SMOC | EA | Great Linford | Milton Keynes | |
| Sun 9 th | potoc score and picnic | D | POTOC | WM | biddulph grange country park | Biddulph | SJ893594 |
| Wed 12 th | OD Summer Evening Event - Coundon Hall Park | D | OD | WM | Coundon Park, Coventry | Coventry | SP312829 |
| Wed 12 th | LEI 2020 Summer League 17 | D | LEI | EM | Bennion Pools | Leicester | SK571091 |
| Sun 16 th | OD Daventry - West Midlands Urban League Event 5 (TBC) | C | OD | WM | Daventry | Daventry | |
| Sun 16 th | East Midlands Urban League 2020 | C | LOG | EM | Lincoln City | Lincoln | |
| Wed 19 th | OD Summer Evening Event - War Memorial Park | D | OD | WM | War Memorial Park | Coventry | SP322772 |
| Wed 19 th | NT Ilam Park | D | DVO | EM | Ilam Park | Ashbourne | SK134509 |
| Thu 20 th | LEI 2020 Summer League 18 & SL Presentations | D | LEI | EM | Aylestone Meadows | Leicester | SK571091 |
| Sat 22 th | Scottish Championships - Individual (UKOL) | B | INT | SOA | Tentsmuir North | Scotland | |
| Sun 23 rd | Scottish Championships - Relays | C | ESOC | SOA | Tentsmuir South | Scotland | |
| Wed 26 th | OD Summer Evening Event - Warwick University | D | OD | WM | Warwick University Campus | Coventry | |
| Sat 29 th | White Rose Day 1 | B | EBOR | YH | | North Yorkshire | |
| Sun 30 th | White Rose Day 2 and YHOA Superleague | B | EBOR | YH | | North Yorkshire | |
| Sun 30 th | MV Urban Event | B | MV | SE | Leatherhead | Leatherhead | |
| Mon 31 st | White Rose Relays | B | EBOR | YH | | North Yorkshire | |

September

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|----------------------|--|---|----------------------|----|---|--------------------|--------------------------|
| Sun 6 th | East Midlands League 2020 | C | DVO | EM | Kedleston Hall | Derby | |
| Sun 6 th | Amphill Park Local event | D | WAOC | EA | Amphill Park | Amphill | |
| Sat 12 th | Dales Weekend | B | AIRE | YH | Conistone North | Grassington | SD978765 |
| Sat 12 th | SLOW City of London Race (UKOL) | B | SLOW | SE | Rotherhithe | London | |
| Sat 12 th | National Stone Centre | D | DVO | EM | National Stone Centre | Wirksworth | |
| Sun 13 th | Dales Weekend & YHOA Superleague | B | AIRE | YH | Conistone South | Grassington | SD978675 |
| Sun 13 th | LOK - City Race Weekend (UKOL) | B | LOK | SE | Kings Cross | London | |
| Sat 19 th | Explore the Parks Arnot Hill | D | NOC | EM | Arnot Hill Park, Arnold, Nottingham | Nottingham | |
| Sun 20 th | SYO National Event & YHOA Superleague | B | SYO | YH | Cowms Rocks | Glossop | |
| Sat 26 th | Rosliston Forestry Centre | D | DVO | EM | Rosliston Forestry Centre | Swadlincote | SK242174 |
| Sun 27 th | East Midlands Urban League 2020 | C | NOC | EM | Clifton NW | Nottingham | |